**Title of the study** (sentence case; capitalize only the first word and proper nouns)

**Author Full Name1#, Author Full Name2, and Author Full Name3\***

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*# Presenting author. Email: nnn@nnn. \* Corresponding author. Email: nnn@nnn.*

**Abstract** (maximum 250 words; no tables or figures)

*Sub-headings (optional): Introduction; Methods*; *Results; Conclusion*

***Keywords:*** *xxx, xxx* (maximum 5 keywords)

**References** (optional; maximum 3 references)

1. Dolganyuk et al. (2020) *Biomolecules* 10(8):1153. https://doi.org/10.3390/biom10081153

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